

CHENNAI
VERTIGO
SUMMIT **2024**

Taj Coromandel, Chennai
7th & 8th December

chennaivertigosummit.com



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Prof. Dr. Michael Strupp

Professor of Neurology & Clinical Neurophysiology
Munich, Germany

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Dr. Prabash Prabhakaran

HOD & Senior Consultant, Neurology
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Apollo Specialty Hospitals, Vanagaram

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Chairman's message: Chennai Vertigo Summit 2024

It is wonderful that you are joining us for the inaugural Chennai Vertigo Summit, organized by the Institute of Balance Disorders at Apollo Specialty Hospitals, Vanagaram. This summit marks a significant milestone in our unwavering commitment to advancing the understanding and treatment of vertigo and balance disorders.

The "Integrated Vertigo and Balance Clinic," which commenced in 2017, has swiftly evolved into India's first "Institute of Vertigo & Balance," thanks to the exceptional collaboration between our Neurology and ENT experts. This multidisciplinary approach is our greatest strength, allowing us to deliver comprehensive, patient centered care.

We are especially honoured to have Dr Michael Strupp with us at the Summit. His invaluable contributions to this field have shaped our understanding, and we deeply appreciate his support and participation.

With 40% of people above the age of 35 reporting balance issues, and 85% of those above 80 experiencing difficulty in maintaining balance, it is clear that this is a widespread concern. This summit offers a unique opportunity to share knowledge, exchange innovative ideas, and form collaborations that will drive the future of vertigo and balance disorder treatment.

A definitive is that the discussions and insights shared over the next two days will result in meaningful advancements in this niche field, improving the lives of countless patients globally. Let us seize this opportunity to learn, innovate, and forge a future where balance disorders are better understood and more effectively treated.



With best wishes,

Dr. Prathap C Reddy

Chairman & Founder, Apollo Hospitals Group

Program Director: Chennai Vertigo Summit 2024

Dear Colleagues,

The Chennai Vertigo Summit 2024 on vestibular, ocular motor and balance disorders covers the clinically relevant aspects of peripheral, central and functional vestibular disorders. We will present the basics in particular for beginners and an update, based on recent research, in particular for more advanced.

On day one after an introduction on the bedside examination the vestibular system and laboratory tests the diagnosis, pathophysiology and etiology and the current treatment options of the six most frequent peripheral as well central and functional vestibular diseases are covered by plenary talks. Thereby, also the current diagnostic criteria for each disease of the Bárány Society are presented.

On day two there are four blocks of 45 min each with clinical hands-on courses in small groups, e.g., on how to perform the bedside examination of the vestibular and ocular motor systems, vestibular exercise and rehabilitation and on how to use and apply important laboratory examinations such as the video-head impulse test.

This educational course has two major aims: first, increasing knowledge and improving practical skills; second discussing and establishing international standards for the management of dizzy patients.



Prof. Dr. Michael Strupp

FRCP, FAAN, FANA, FEAN, Dr. hon.

Professor of Neurology & Clinical Neurophysiology

Munich, Germany



Faculty



Prof. Dr. Michael Strupp, MD

FRCP, FAAN, FANA, FEAN, Dr. hon
Professor of Neurology & Clinical Neurophysiology
Munich, Germany
Program Director



Dr. Dan Dupont Hougaard

Head of Audiovestibular Department, Associate Professor,
ENT specialist, Dizziness & Balance Centre,
Aalborg University, Denmark



Dr. Prabash Prabhakaran

Organizing Chairman
HOD & Senior Consultant, Neurology
Apollo Specialty Hospitals, Vanagaram



Dr. U Meenakshisundaram

Director & Senior Consultant, Neurology
MGM Healthcare, Chennai



Dr. Anita Bhandari

ENT specialist, Co-Founder & Director
NeuroEquilibrium, Jaipur



Commander (Dr.) Karthik Madesh R

Organizing Secretary
HOD & Senior Consultant, ENT
Apollo Specialty Hospitals, Vanagaram



Dr. Sathishkumar Venkatasamy

Organizing Secretary
HOD & Senior consultant- Neurology
Apollo Speciality Hospitals, OMR, Chennai



Dr. Vishal Pawar

Specialist Neurologist
Prime Healthcare, Dubai, UAE

Day 1 – December 07th 2024

Plenary Lectures



Time	Session	Speaker
10:10 - 10:20	Welcome and Introduction	Prof. Dr. Michael Strupp
10:20 - 10:45	Bedside examination of vestibular & Ocular motor systems	Prof. Dr. Michael Strupp
10:45 – 11:05	Laboratory examinations of the vestibular and Ocular motor systems	Prof. Dr. Michael Strupp
11:05 – 11:20	Video Head impulse test	Dr. Dan Dupont Hougaard

Peripheral Vestibular Disorders

11:20 – 11:40	Bilateral Vestibulopathy	Prof. Dr. Michael Strupp
11:40 – 12:00	Acute Unilateral Vestibulopathy/ Vestibular Neuritis	Prof. Dr. Michael Strupp
12:00 – 12:20	Paroxysmal Positional Vertigo	Dr. Anita Bhandari
12:20 – 12:40	TRV Chair in Paroxysmal Positional Vertigo	Dr. Dan Dupont Hougaard
12:40 – 13:00	Discussion	All Faculty
13:00 – 13:40	Lunch	
13:40 – 14:00	Ménière's Disease	Prof. Dr. Michael Strupp
14:00 – 14:10	Vestibular Paroxysmia	Dr. Prabash Prabhakaran
14:10 – 14:20	Syndromes of the third mobile windows	Prof. Dr. Michael Strupp
14:20 – 14:30	Discussion	All Faculty
14:35 – 14:50	Acute Vestibular Syndrome: Central or Peripheral?	Prof. Dr. Michael Strupp
14:50 – 15:10	Cerebellar Dizziness	Prof. Dr. Michael Strupp

Day 1 – December 07th 2024

Central & Functional Vestibular Disorders

Time	Session	Speaker
15:10 – 15:25	Vestibular Migraine	Dr. U Meenakshisundaram
15:25 – 16:00	Coffee break	
16:00 – 16:20	Functional Dizziness	Prof. Dr. Michael Strupp
16:20 – 16:40	Vestibular Rehabilitation	Dr. Dan Dupont Hougaard
16:40 – 17:25	Video Quiz 1	Prof. Dr. Michael Strupp

Discussion with all speakers

17:25 – 17:45	Q&A session - Questions can be submitted in advance by e-mail (Please be advised that questions related to individual cases / Patients will not be addressed during the discussion)
19:00 Onwards	Inauguration & First Annual "Balance Banquet" Performance by Suryansh & Band (*For Faculty, Consultants & Invited Guests)

Day 2 – December 08th 2024

All Faculties with Prof. Dr. Michael Strupp

Dr. Dan Dupont Hougaard, Dr. Prabash Prabhakaran, Dr. U Meenakshisundaram
Dr. Anitha Bhandary, Dr. Karthik Madesh R, Dr. Sathishkumar Venkatasamy, Dr. Vishal Pawar



Time	Session
10:10 – 11:10	Bedside examination of vestibular and ocular motor systems
11:10 – 11:30	Practical Demonstration of Video Head impulse Testing
11:30 – 12:15	Treatment of the different types of BPPV
12:15 – 12:45	Vestibular rehabilitation
12:45 – 12:50	BREAK
12:50 – 13:20	Video Quiz - 2
13:20 – 13:40	Discussion - All Faculty
13:45 onwards	LUNCH

From the Organizing Team desk: Chennai Vertigo Summit 2024

The Chennai Vertigo Summit brings together experts from Neurology, Otolaryngology (ENT) to focus on the study and treatment of Vertigo and Balance disorders. Experts from other streams - Internal medicine, Pediatrics, Geriatrics, Audiology, Physical therapy, and Research are also part of the summit. The conference offers a deep dive into balance disorders –a condition characterized by Dizziness, Vertigo (spinning sensation), imbalance, fear of fall while ambulating. Attendees will discuss the latest advancements in diagnostics, treatments, Vestibular rehabilitation, innovation & on going Research and new pharmacological approaches. Keynote presentations, ePoster, Video quiz, interactive Q&A sessions, supported by case studies that highlight practical insights into patient care. A hands-on masterclass training, on the examination of vestibular system & its connections, including positional testing and repositioning maneuvers is planned to equip attendees with correct techniques & interpretation under supervision of the world renowned experts.

Our program director Dr. Michael Strupp is widely esteemed for his groundbreaking works and has revolutionized the treatment of vertigo and balance disorders worldwide through his continuous knowledge sharing, inspiring young minds to take up this niche field of neuro-otology, development of key drugs, advancements in diagnostic techniques like vHIT, and promotion of vestibular rehabilitation therapy. His research has reshaped clinical practice, set new standards in the field; delved deeply into the mechanisms of vestibular conditions, leading to significant advancements in therapeutic approaches.

Dr Dan Dupont Hougaard is a renowned ENT specialist, a natural leader, researcher and an ambassador in this field. His expertise involves years of usage of TRV chair for diagnostic and treatment of BPPV; laboratory testing of Vestibular system.

The future of the summit will be a biennial program - a marquee event in the calendar- to explore new advances in the field of Vertigo. Be part of this unparalleled event that combines deep scientific discussions, practical training, and collaborative networking to redefine the standards of vertigo care. Join us in Chennai for a transformative experience where the world's best in vertigo management come together to inspire, educate, and innovate. We look forward to welcoming you to Chennai Vertigo Summit 2024

Dr. Prabash Prabhakaran

Organizing Chairman
HOD & Senior Consultant, Neurology
Apollo Speciality Hospitals, Vanagaram

Commander (Dr.) Karthik Madesh R

Organizing Secretary
HOD & Senior Consultant, ENT
Apollo Specialty Hospitals, Vanagaram

Dr. Sathishkumar Venkatasamy

Organizing Secretary
HOD & Senior Consultant, Neurology
Apollo Speciality Hospitals, OMR, Chennai

The work-life BALANCE

Do you have the moves to conquer the spin?

Join us for the Dance Challenge - **dance4balance**, an exciting and

creative way to raise awareness about Vertigo and Balance disorders!

Whether you're a dancer or just love to groove, this challenge is open to everyone. Best dance video wins exciting prizes. Top entries will be showcased at the Chennai Vertigo Summit 2024.

Let's dance to raise awareness, support those affected by vertigo, dizziness, imbalance, and have some fun along the way!

Deadline: 18 November 2024



To create the much-needed awareness on Vertigo and Balance disorders, we are organizing a cyclothon -

pedal4balance from the Apollo Speciality Hospitals Vanagaram to Pondicherry - Over 150 kms. 15 cyclists (Neurologists & ENT Surgeons) from across the world (Prof Dr. Michael Strupp, Dr Dan Dupont Hougaard, the organizing team) are participating in pedal4balance. The aim is to complete 40,075 kms (earth's circumference) over next one year combinedly - as vertigo is a sensation of world spinning!

Cycling is a learned skill, that needs a balance of higher levels and the connection with balance disorders was made there.

Date: 09 December 2024



CHENNAI VERTIGO SUMMIT 2024



We are excited to invite researchers, healthcare professionals, and medical experts to present their findings at the (First Annual) Chennai Vertigo Summit. Showcase your academic work through an ePoster presentation—an innovative way to share cutting-edge research with a global audience.

Submit your research related to vertigo, dizziness, balance disorders, or vestibular system advances. Selected ePosters will be displayed digitally throughout the conference, and top submission are awarded. Let your research make a difference in the field of vertigo and balance disorders!

Judges : **Dr. Karthik Madesh R, Dr. Sathishkumar Venkatasamy, Dr. Vishal Pawar**

Date: 07th & 08th December 2024

ePoster Submission Deadline: 18th November 2024.



#BalanceBanquet

First Annual Balance Banquet is a formal event hosted in the sidelines of Chennai Vertigo summit 2024, commemorating the marquee event.

This is an invitation-only gathering where attendees enjoy a sit-down meal, entertainment by Suryansh & band, recognizes outstanding contributions, and provides an opportunity for networking in a relaxed yet elegant atmosphere. Dress code is black business formal with Purple Bow Tie / Purple Scarf.

Date: 07 December 2024

Venue: Taj Coromandel (Only for Invitees)

For More Details contact

+91 99806 50476 | infochennaivertigo@gmail.com



Course fee

Students - PG's (DM, MD, MS, DNB, DLO)
Audiologists / Neuro Technologists : **Rs. 4,000/-**

Conditions Apply : Must Carry ID proof from the Institution
Banquet Dinner Not Included (Kindly Contact us for prebooking with additional fees)

Consultant's : **Rs.12,500/-**

Scan the QR to Pay



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Account Number : 920020058736758
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IFSC Code : UTIB0000074

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E-Poster

Kindly mail e-posters to
infochennaivertigo@gmail.com

**Registration charges will be exempted for students
whose e-posters are selected.**

chennaivertigosummit.com



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